

# BAG IT!

## The Mission

BAG IT is a local non-profit organization that provides early, front-line support to individuals with cancer and their families.

BAG IT was created to provide immediate resources and support to newly diagnosed cancer patients in Tucson and southern Arizona. Surgeons, oncologists, and nurses hand bags to patients on their first visit. BAG IT has reached over 10,000 individuals since its inception in 2003 and now reaches statewide.

## The Bag



The BAG IT bag contains information that validates cancer patients' feelings of fear, anxiety, and loneliness.

It includes a set of CDs, an organizational binder, and information that offers skills in essential areas such as how to talk to your doctor, dealing with insurance companies, making difficult decisions about treatment choices, and quality of life issues.

There is also support information for caregivers.

All information is from reliable national organizations, and is available in Spanish.

## The Event

Bring your friends, neighbors, and relatives to the beautiful Loews Ventana Canyon Resort for a hike and brunch. All proceeds to benefit BAG IT in its continued efforts to provide information and support.

Ventana Canyon Trailhead offers hikes of varying difficulties:

- 1 hour hike of moderate difficulty
- 2 hour hike of moderate difficulty
- 3-4 hour challenge hike to Maiden Pools
- Meditative walks on resort grounds (This was a popular choice last year.)

## Special Guest:

**Kathleen "Rocky" LaRose**  
Senior Associate Director of Athletics  
University of Arizona

### YOUR REGISTRATION INCLUDES:

- an event T-shirt
- bottled water & healthy snacks
- a sumptuous, full brunch buffet catered by Loews Ventana Canyon Resort

Hiking or athletic shoes are recommended, as well as sensible sun protection and water. Additional water will be provided.

## NEW This Year!!

Reserve a table of ten in memory or honor of a loved one who has faced cancer.

## Silent Auction

Lots of great prizes such as artwork, spa packages, golf packages, resort stays, U of A memorabilia, and gift certificates for local goods & services and more!

Cash, checks, Visa or MasterCard Accepted.

## Raffle

### Can't make it to the event?

You can still contribute by donating \$25 to sponsor a bag for someone with cancer. Each \$25 donation enters you into a raffle to win a 32" flat-screen TV. Sponsor 4 bags and get 5 raffle entries.

*Need not be present to win.*



*"Fight the Fear!"*

## Registration

Hike and brunch \_\_\_\_\_ @\$80 \_\_\_\_\_

Meditative walk & brunch \_\_\_\_\_ @\$80 \_\_\_\_\_

Brunch only \_\_\_\_\_ @\$80 \_\_\_\_\_

(\$40 of the registration fee is tax deductible.)

Table of 10  In Memory  In honor of:

Name: \_\_\_\_\_

(\$600 tax-deductible.) \_\_\_\_\_ @\$1000 \_\_\_\_\_

I am unable to attend, but would like to make a donation and be included in the raffle.

Each \$25 donation sponsors a bag \_\_\_\_\_ @\$25 \_\_\_\_\_

(Sponsor 4 bags and get 5 raffle tickets.)

Total: \_\_\_\_\_

Name \_\_\_\_\_

Address \_\_\_\_\_

Zip Code \_\_\_\_\_

Phone \_\_\_\_\_

E-mail \_\_\_\_\_

Registration deadline: October 8, 2008.

Make checks out to BAG IT and mail to:

7090 N. Oracle Rd. 178-184

Tucson, AZ 85704

Please charge my credit card:

MasterCard or VISA (circle one)

Card # \_\_\_\_\_

Name on card \_\_\_\_\_

Expiration Date \_\_\_\_\_

Amount charged \_\_\_\_\_

Signature \_\_\_\_\_

Please review and sign the waiver on the reverse side of the registration. 

Detach Here

# The Waiver

HIKE WAIVER AND RELEASE: (Must be signed by participant or parent/guardian if the participant is under 18).

I acknowledge that this event may be physically challenging and a potentially hazardous activity and hereby agree to take complete and full responsibility for any injury or accident which may occur in connection with my participation with this event. I understand that pictures taken at the event may be used by BAG IT.

I hereby agree to indemnify and hold harmless the United States, the State of Arizona, Pima County Board of Supervisors, Loews Ventana Canyon Resort, Bag It!, Inc., any event sponsors, and all other persons or entities associated with this event for any injury, loss, damage or claims that arise in connection with my participation in this event.

I hereby represent and certify that I am over 18 years of age or have the consent of my parent or guardian and that I have carefully read the foregoing release.

Print Name: \_\_\_\_\_

Signature: \_\_\_\_\_

Date: \_\_\_\_\_

Print Name: \_\_\_\_\_

Signature: \_\_\_\_\_

Date: \_\_\_\_\_

If participant is under 18:

Print Name: \_\_\_\_\_

Parent or guardian: \_\_\_\_\_

Signature: \_\_\_\_\_

Date: \_\_\_\_\_

# The Schedule

Hike registration and check-in is at trailhead.

Start times:

3-4 hour hike - 7:00 AM

2 hour hike - 8:00 AM

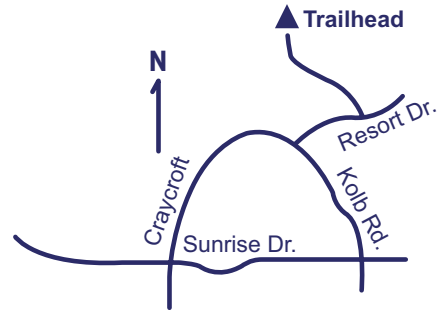
1 hour hike - 9:00 AM

1 hour meditative walk - 9:00 AM.

30-minute meditative walk - 9:30 AM.

*Brunch Only Registration* will be held in the resort's KIVA Ballroom starting at 10:00 AM.

This event will take place rain or shine.



### PARKING INFORMATION

Parking will be available at the trailhead and in the resort parking lots.

For more information:  
 Visit: [www.bagit4u.org](http://www.bagit4u.org)  
 E-mail: [Sherri@bagit4u.org](mailto:Sherri@bagit4u.org)  
 Call: (520) 575-9602

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**BAG IT!**  
 7090 N. Oracle Rd. 178-184  
 Tucson, AZ 85704

## 5th Annual

# Take a Hike

for

# BAG IT!

Support for Individuals with Cancer and Their Families

Presented by



Sunday,  
 October 19, 2008  
 Loews Ventana  
 Canyon Resort